

ANNUAL REPORT 2018



VICTORIA FRIENDLY MONTESSORI
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EDITORIAL



NELLY KAJAKA.

Out of the 7.7 billion world population, about 1.5 billion live on less than a dollar a day while about 3 billion live in less than 2 dollar a day. This means that a sixth of the world population live in extreme poverty while about a third live in moderate poverty. In short more than a half of the world population live in poverty. This scenario is evident in Rusinga Island where only 6% of the population are able to meet their household needs throughout the year without external support. (Baseline Survey, 2015) It is worse.

Why is this so, is it wrong approach by government and other implementing partners?

No, in the cited survey, Rusinga communities have a single economic activity- fishing. Being an island, Rusinga has several potentiality that have not been tapped by the people other than fishing that is drastically depleting.

That aside, Rusinga has so many issues affecting families and the root cause is poverty. With low income, women find themselves in low paying jobs at the beach that in the end are subsidized by sex for fish and sex for money business. Men tend to get in drugs like alcohol. Such practice has contributed to high HIV prevalence of 25.7% in the county and 29% in Rusinga. (Kenya National Aids Control Council, 2014)

Children in the end have becomes the victims of these dangerous social practices. Children do not enroll in education timely, so many miss advanced education after primary school.

Poverty therefore has become a problem with trails negative impacts. VFM is adopting numerous poverty fighting weapons all used as one in the integrated approach.

Children are targeted directly by and indirectly through their caregivers. They are enrolled in school and offered feeding while their caregivers are involved in other activities that ensure well- being of their children. This report highlight some basic facts of what VFM has achieved in FY 18.

FROM THE DIRECTOR

Dear stakeholders,



Victoria Friendly Montessori program was initiated in the year 2014 and has been a vibrant community transformation tool.

At her inception and establishment she faced a number of challenges and the biggest of all being poor attitude from the beneficiary, the program suffers a blow from poor climate patterns in the island that has completely compromised our efforts in making food available for children and families. Lack of resources and poor planning of projects by implementing partners has fueled the poor development efforts in the region with government efforts not realized in totality. Fishing as the major economic activity has suffered overfishing and poor fishing gears that has led to depletion of fish in Lake Victoria. The island that has only one public health facility and a couple of some private facilities see women and children suffer long distance walk to seek medication that they sometime. These challenges have contributed to poor development in the island.

WHAT HAVE WE DONE?

We understand and based on the available data, poverty is the root cause of most challenges affecting the people of Rusinga and its environ. Poverty has multidimensional causes and thus we adopted multidimensional approaches to reverse the situation.

In our integrated approach we have managed to change attitudes of the community through advocacy. We did so many household visits and trainings to enhance the capacity of the community.

We initiated projects that could help raise income to the community, economic empowerment program was designed to help reverse the low income situation in the community. Our health program has helped in reducing the long distance walk by the community in search for minor treatment services. We reached out to over 5000 clients who were disparately in need of services.

Food insecurity has been looked into in two ways in our program design, firstly is the availability and secondly accessibility. As the year began we empowered farmers by offering seeds and trainings and I feel energized to share that children never had difficulty in accessing food. 621 farmers were supported with seeds and we realized increased production of averagely 180 kilograms per household supported.

As we look forward to the next years I find it meaningful to promise that together we are going to achieve our desired goal of transformation.

Thank you all.

I wish you a happy new year.

Tom Mboya

FROM THE MANAGER**Dear family,**

Four years ago, Victoria Friendly Montessori was just an idea, the founder was still a dreamer, children were facing challenges but no one was there to give them hope and find a possible solution to their problems. The government and other partners were implementing projects as they did in the earliest days of independence. A single step was made in 2014 and today we have walked several miles in our efforts to bring change and transformation especially in the lives of destitute children and other vulnerable populations in Rusinga Island.

The integrated holistic approach that we use has been possible. Project layering has been considered to ensure maximum outcome. A single household must receive a minimum of four packages out of the six packages (education, economic empowerment, nutrition, health, social services and agriculture)

The program is established and today we are able to report our successes that have been made possible by able staffs, 26 employees on contract and 4 on casual arrangements. This team has contributed the big percentage of our success in this report.

There is a say that goes that “if you want to go fast-go alone and if you want to go far then walk with people” we do walk alone, we looked for partners in the name of opinion leaders and this is why our community entry was very smooth and fast. Involving partners in our planning and Implementation provided opportunity for feedbacks. The community provides feed backs on the success and advice on what does not work for the program, community dialogue days provides this avenue.

Transparency and accountability is a key value for any successful program. We have embraced this value to our target groups, staffs and all beneficiary. So many partners have not climbed the ladder to even share their budgets with stakeholders, it is this aspect that has also raised our trust.

As a program we have learned from our government and big non- governmental organizations on how funds can be lost. We have a simple procurement policy that allows effective finance management. We did not lose funds to cartels and corrupt deals. We have a vibrant donor cum advisor in the name of Harrie Oostrom, he has made this year a success through his endless advice and follow ups

Our success depends on change of attitude from the community that still believes in pure handout that we are currently fighting, some community members still have strong belief that pure hand out approach can be used to solve social issues brought about by poverty, it is this attitude that has contributed to low community contributions. This culture has also made the social business approach adopted in our economic empowerment not being fully conceptualized.

Looking forward, we have laid down plans on how to overcome challenges that are still threatening the lives of children like domestic violence, child abuse and poor housing at the beaches, I mean parents sharing bedrooms with adolescents. Child protection that we were handling as a cross cutting issue now has become a major issue and in the coming years we are designing it as an independent project.

Thank you for supporting this noble initiative.

We look forward another year of more commitments in 2019.

Philip Onger

FROM THE SCHOOL PRINCIPAL**Dear partners**

On my own behalf and on behalf of all children, parents, teachers and all partners in education, I wish to take a moment to thank you all for supporting this program.

Education has been a very key project that has created direct impact to children.

Rusinga Island being a fishing hub has many families who are immigrants from other communities, women who have faced domestic violence find a hiding space in the fish landing beaches as well as their male counterparts who runs to hide from responsibility. In this case these parents escape with children and thus the high population of children who are not attending schools in the beaches.

VFM school and her sister private and public schools have stood to provide space and good environment for learning to these devastated children. As they hide here they get in to fishing which is the main economic practice in the island and as the catch reduce in one beach or another, they move in search for fish elsewhere. This has been a major challenge, most of the times children are left behind and sometimes they are moved from school hindering their education. In this year 10 children were neglected when their caregivers moved in search for fish and this was only recorded in VFM School. That aside, let me take a moment to say that in 2018 we improved our services as a program to children, several activities were implemented that were of great importance to children and their education. Firstly, capacity building to teachers saw improved service delivery, teachers were trained both internally and by the ministry of education, trainings on new curriculum and support services was done to teachers not only for VFM but for all schools.

Families Matter program benefitted the teachers and today every teacher amidst us understand their role not only as a teacher but also as a parent. Teacher to child communication has improved over the year.

Involving parents in monitoring education has been our strength, unlike before today parents have change their attitude, they walk in and follow up with teachers on the progress off children in class.

VFM School also participated in the co curriculum activities with other children in the sub county and as young as our children are, they attracted the attention of spectators and were awarded the best group in soccer.

I feel the joy in the improved performance of children in their academics and physical. The youngest child has learned and can now put on their shoes and button up their shirt or blouse. This motivates, they read and actively play and above all socialize with others.

The school clinic is a mazing and the program nurse has done great work to children who health issues.

There is nothing as important in education as teaching a child who is strong in the mind and in the body, VFM achieved so much as a result of the feeding program that has been successful over the year.

SUSTAINABILTY

We have plans to have education sustainable, we have strategically involved caregivers and as we open another year we want to encourage their increased contributions in education through support and general involvement.

I wish you well as you find time to peruse this document.
Happy 2019.

Mrs. Millicent Odhiambo.

ACKNOWLEDGEMENT

VFM program has stood and provided hope to the hopeless and devastated children in Rusinga.

As we write this report, we acknowledge that the achievements and success was not a one man effort.

Very many people were involved in various stages of the implementation of activities.

We thank Rusinga community, opinion leaders, children and families for their support to the program, without you this projects would have not been viable, you received the services and supported our work, we cherish the strong partnership that we have built.

We can't let it go without say that the robust team at VFM has been an asset to the program. We thank all staffs for their commitments and competence in service delivery. Your smooth and lovely entry to the community is appreciated.

Leadership is a key factor in the success of any other project, we thank the program director and all the management team that guided a successful implementation.

We acknowledge the efforts and support from the leadership of sister schools, we thank Mr. Ouru Okongo, Mr. Arguings Philip, Mr. Wandago Amos, Mr. Oburu just but to name a few, the list can be endless, we have recorded so many child wellbeing achievements through your coordination.

We thank Mr. Daniel Nyangweso and Mr. Angwanga, the administrators who ensured everyone was safe, any time we called, you were there for us.

Working with the beach residence would have been a nightmare if it were not for the support and efforts of the Beach Management Units, Mr. Abiud Joseph we still hope for the same involvement of the BMUs in the coming years.

We thank the Kolunga Dispensary, the community can now use their NHIF cards to access health services.

FreeKenya Foundation, we thank you for helping us advance technology in Agricultural productivity. The new kitchen gardening concepts was realized through your training.

We thank all our donor partners for making resources available for the implementation of the planned activities, we have become a point of reference in the sub county. We are the bench marking institution, children are healthy and actively involved as a result of your support. We acknowledge the endless support from IMANI FOUNDATION, FEMI FOUNDATION, CATZ CHARITY FOUNDATION, TALUD, KOORNZAAYER FOUNDATION, ZERO KAP and all individuals who sacrificed their income to support us. We thank the following specific individuals on behalf of their board for their well- informed feedbacks during their numerous visits to our program; Harrie Oostrom, Hilde Klok and Liesebeth Nagelkerke, thank you.

Thank you all who supported us in any way, we pray for you.

Background Information

Victoria Friendly Montessori is located at Rusinga Island in Kenya, in the Lake Victoria.

Orphaned and children from vulnerable families find a place for Education, playing and warmth. The program started 2014 as school to support needy children in Rusinga island community to meet their needs for education, community growth and with philosophy of adding days into the lives of destitute children, VFM improve lives of children by giving hope to many hopeless children. Many children have remained deprived, excluded and vulnerable to health risk, improper education and improper access to other basic needs alongside abuse of their rights, thereby widening the gap between the rich and the poor.

With population of 222 in 2018 children, 14 trained teachers, 3 Social worker and other staffs, the program in an amazing way has been able to give a proper package of early childhood development education, hope and peace of mind to this special group of children. This mile has been reached with the available resources to cater for the need of these children and their families. The rationale behind the project has since remained to giving hope to the destitute children in two direct ways; Education development and social services development.

Despite the farfetched development that has been seen in Rusinga Kamasengre, these children are at the same time exposed to malnutrition, child labor, poor clothing and in many cases poor shelter, with this in picture, the program has therefore offered a consistent feeding program to these children as well as buying uniforms and extending support to their families.

As a way of ensuring the holistic development of these children, VFM has considered rolling out sound activities to meet their needs; this range from inclusive learning environment in terms of modern classroom, enough teaching staff, proper clothing and shelter and seeing them through their primary and post primary education. This plan spans across five strategic issues to be implemented by VFM in Rusinga Island. The issues here if addressed as planned in this document will contribute to improved socio- economic development among the people of Rusinga while targeting all OVCs in the catchment primarily

VFM MISSION

Happy children center endeavor to improve the situation of orphans and vulnerable children, by providing care and protection guide the reintegration process into society and address the factors leading to the situation.

VISSION

Working towards a society in which all children are able to live dignified existence with equal and just access for future.

CORE VALUES

As VFM family we are bonded by the following principles/ values:

- **Accountability-** at VFM we are accountable to all our stakeholders, we believe that any resource given to us is a self-sacrifice by the giver and using it for the intended purpose is our promise always. We are keen on using the resources without complicated processes that may lead to its loss.
- **Stewardship** - children according to us are innocent and gifts from God, we therefore feel pride as we serve them and their families.
- **Transparency** – it is also our belief that many negative questions from stakeholders are sign of mistrust and suspicion, we therefore do our business in a way that all our stakeholders understand.
- **Partners** - “*we can do more together than we can on our own*” this is our motto that in partnership we can achieve more. We therefore value partners and partnerships.

- **Voluntarism** - it is in our hearts that what we do can only be paid by God but can be appreciated by man. In the hearts all staffs at VFM are volunteers.

INTRODUCTION

This report has been written by VFM family to provide information to stakeholders on the progress of the activities planned for year one in the three year strategic planning period that end in 2020.

The activities were planned in the six strategic focus areas.

1. Economic Empowerment.
2. Agriculture.
3. Health.
4. Social services
5. Education and
6. Water sanitation and hygiene.

Targets were pre -set before the year 2018 and were revised in June during the second quarter review meeting that brought local stakeholders together. With the existing monitoring and evaluation framework, new targets were informed.

The report includes achievements that were recorded as a result of partnerships that were initiated by VFM, we have not reported our work alone. The work we did was a collective responsibility of different persons, organizations both local and international, government and beneficiary,

It is laid out in chapters that gives the review of all planned activities in the specific focused strategic area.

Tables are used and images that are taken during the activity implementation by field staffs.

The percentages in the tables are calculated with reference to the plans in 2018 alone and not the entire planning period.

The targets have been pre- set and more achievement is reported in narration in this report.

CHAPTER 1 ECONOMIC EMPOWERMENT

Social Groups

Project objective:

Improved socio- economic status of the community for sustainability.

Sustainable livelihood: the overall objective of this is to promote participation of children, youth and adults in initiatives for adequate food and household income, Specifically the program aims to support communities increase farm production through adoption of good agricultural practices; sensitize and support community initiatives on soil conservation and agro-forestry; strengthen the capacity of communities to seek technical support and devolved funds from the government; strengthen the capacity of farmers to engage in market led production and value addition; and promote access to community based savings and lending opportunities.

VFM economic empowerment model considers poverty reduction through involvement of individuals in groups, this groups are formed in the basis of interests, values and social backgrounds. Members are identified and their membership is recognized unconditionally. The social groups consists of a minimum 15 individuals interacting with each other with respect to; common motives and goals, accepted division of labor, their status relationship, accepted values with reference to group matters. VFM partners with them in for key income generating activities;

1. POULTRY.
2. HORTICULTURE.
3. SAVING AND INTERNAL LOANING COMMITTEE.
4. DRESS MAKING.

We formed 12 social groups each with interest in one of the above activity as their IGA and some of them have been supported with loans as business start-ups.

4 SOCIAL GROUPS ON POULTRY.

We stimulated the formation of five groups with common interest in poultry keeping.

INA SHG is our good partner in poultry feed production. Since their introduction in feed processing, they have produced 5 tons of feeds that they sold to Rusinga local poultry keepers. They produced their first product that was tested by KARLO. VFM supported them with a simple feed processing unit, housing for the machine and a storage unit for their feed processing materials.

VICTORIA SHG.

They are women who have come together as poultry farmers. They were supported with a poultry housing, trainings and 310 pullets, feeders and drinkers. One of their members provided land for the house and labor is divided among members.

MATENGA SHG

This group is composed of both males and female though, female members are dominant, their poultry project was rated the best as they were the first farmer group to sell chicken to the community. VFM supported them with 310 chicken and a housing.

LUORE SHG

Her membership is voluntary and open to all. We supported their SILC activity and a poultry project was initiated. Land was their contribution. They are interested in a hatchery that we have also promised to support.

4 SOCIAL GROUPS ON HORTICULTURE.

Rusinga has very fertile land for agriculture along the lake, we have influence some groups to start horticulture as an alternative to fishing that has become expensive and fish depleting.

UGINA KABOKE SHG

They 3 acres of land along the lake that has been put in to agricultural production. Their first enterprise was tomatoes then cowpeas. Tomatoes gave good return, 21 crates were harvested. The market was flooded by

imports from the mainland but they managed a clean KES 93,875.00. VFM supported them with water pump and PVC pipes that are recommended for surface irrigation.

RESA RUSINGA WOME GROUP

They are women who are engaged food production, we supported them with water pump and pipes and their first enterprise was kales, they harvested about 915 kilograms, their land is not very fertile and VFM had done training on soil fertility and conservation.

RAGO LOWER SELF HELP GROUP

They have a potential family land of about 10 hectares that was never put in agricultural use. Currently 2.5 hectares has been put in to agricultural use, VFM offering them with trainings and follow ups. Members have been allocated individual paddocks where they grow same crop. Marketing is done in a group and their last crop was amazing- 48 crates of tomatoes. VFM supported the group with farm inputs, water pump and water pipes.

UYA SHG

They had a common interest in fishing as an IGA but with limited resources fishing had failed and so they changed focus to horticulture, their farm did not do well in the initial stages when they started alone. They lacked information and they had very poor agronomic practices. In their 3 hectares land, they did not harvest a single tomato fruit due to attack by early blight. We trained them and supported them with water pump and pipes and their subsequent attempts have been very successful (545 Kilograms of kales, 715 kilograms of cowpeas, 12 crates of tomatoes)

SOCIAL GROUPS ON SILC

All the above groups have also been offered a loan by VFM to boost members' shares in their SILC activity. Four other groups; NYAMITA, WINNERS, YES WE CAN and SIENGA LADIES SHGs have their presences in the program and SILC rolling.

TAILORING AND DRESS MAKING GROUP

INUKA SHG- Inuka is a Kiswahili word meaning *rise*. These women had common skills in dress making and so they came together to form a group. They are successfully in business, making dresses, mats, school uniforms and other many related products. VFM supported their bench marking with NEW VISION WOMEN GROUP a similar social group in LWALA COMMUNITY ALLIANCE. VFM supported them with eleven tailoring machines including embroidery and over lock machine. Materials and housing was also supported.

Apprenticeship

Four young women have been successfully trained in dressmaking and tailoring while six are still undergoing the training, moreover, over 100 women have been trained mat weaving skills.

SILC

All the common interest groups have been organized as saving and internal loaning committee. Members in this model invest by saving more and earning little by borrowing.



FIGURE 1 SILC SESSION

TABLE 1 ACHIEVED ECONOMIC EMPOWERMENT

Activities planned			TARGET 3 YEARS	TARGET 2018	ACHIEVED YEAR 1- 2018	% achieved 2018
Activity 1.2.2b: Support groups with loaning seed capital @ 1000 per member for 20 members	Capital	Groups	15	15	19	127%
Activity 1.2.3 a: Communities are involved in vocational skills though apprenticeship.	Trainees	people	30	31	123	397%
Activity 1.2.3b: Support apprenticeship graduates with start- up capital	Capital	people	30	0	0	Not planned
Activity 1.2.4: Support groups with poultry units.	Units	Groups	6	4	4	100%
Activity 1.2.5: Support groups with irrigation kits for horticultural production.	Kits	Groups	6	4	4	100%
Activity 1.2.6: Support one group with vaccine store for poultry and other livestock disease management.	Store	Groups	1	1	1	100%
Activity 1.2.7: Support one group with poultry feed processing unit for poultry feed production.	Unit	Groups	1	1	1	100%



FIGURE 2 RAGO

Rago Self Help Group

Tomatoes enterprise



A caregiver who has
adopted poultry farming

Inuka dress



CHAPTER 2

COMMUNITY RESILIENCE

Water Sanitation and Hygiene

VFM has made countless efforts this year and over 1000 households recorded improved use of clean water for domestic needs. Through advocacy we recorded the construction of 83 Pit latrines in the homes and 40 landlords in the beaches provided latrines to their over 320 tenants.

Families now understand the benefits of dish racks, leaky tins and clothe lines.

From the existing data from the available dispensaries indicate low cases of water borne diseases reported, through the year there was no incident of cholera in Kamasengre community.

VFM made efforts to increase latrine coverage in schools. We constructed six VIP latrines in three schools in partnership with the community and MOCHO.

BEFORE THE ACTIVITY.

Victoria Friendly Montessori assessed the situation of sanitation and waste management in the said schools. The results were pathetic, the population did not match the number of the holes considering world health organization recommendation of 1:25 for girls and 1:30 for boys.

School attendance for girls was low for adolescent girls, changing sanitary pads was a problem as the available latrines were flocked all the time. The available latrines were old, some filled up while others had collapsed.

Below is a table explaining the data before the activity.

NAME OF SCHOOL	POPULATION GIRLS	POPULATION BOYS	HOLES FOR GIRLS	HOLES FOR BOYS	OBSERVATION
KAMASENGRE PRI SCHOOL	131 1: 47	169 1:43	3	4	Old classes Filled latrines
EDDIE MEMORIAL	135 1:68	155 1:78	2	2	Poor classes Poor latrines
UYA PRIMARY	143 1:72	165 1:83	2	2	Good classes with no latrines
VFM	110 1:12	108 1:36	9	3	

TABLE 2 RATIO OF PUPILS TO LATRINE HOLES BEFORE ACTIVITY 2.1.8 B IS IMPLEMENTED.

Mother Child Health Organization (MOCHO)

This is our partner implementing in Mbita Sub County, as we planned our activities we involved them and they supported our activity by constructing an eight door Ventilation Improved Pit Latrines at Eddie Memorial Primary and Wamwanga Primary School. This is a great boost to Eddie. Wamwanga was not prioritized and they requested for latrines this partner was very supportive.



FIGURE 3 8 DOOR EFFORTS FROM MOCHO AT EDDIE



FIGURE 4 STATE AT EDDIE MEMORIAL SCHOOL

In our several meetings with the county government through the ministry of Education, we secured modern safe water storage and dispensing facilities for Kamasengre Primary school. The three water filtering units were awarded to this school as a way to help children get access to safe drinking water while they are in school. Water from Victoria Friendly Montessori dispensed using the facilities.



SUBA NOTH Constituency Development Fund

When the Member of Parliament visited our program, we influenced her office to support Eddie Primary school, she saw our efforts and this meeting became productive and she promised one classroom through constituency development fund. In early August 2018 the school received funds to start the work which is currently on and the classroom will be complete soon. One classroom whose roof was blown was also repaired with the same fund.

AFTER THE ACTIVITY

NAME OF SCHOOL	POPULATION GIRLS	POPULATION BOYS	HOLES FOR GIRLS	HOLES FOR BOYS	OBSERVATION
KAMASENGRE PRI SCHOOL	131 1: 22	169 1:28	6	6	Improved sanitation
EDDIE MEMORIAL	135 1:15	155 1:20	9	8	MOCHO=4 Improved ratios
UYA PRIMARY	143 1:29	165 1:41	5	4	1 door for girls and 1door for boys still needed
VFM	110 1:12	108 1:36	9	3	Satisfactory

TABLE 3 RATIO OF PUPILS TO LATRINE HOLES AFTER ACTIVITY 2.1.8 B IS IMPLEMENTED.

Food Security and Agriculture

The program in partnership with the Ministry of Agriculture and Free Kenya Foundation piloted smart gardening targeting 700 households. Sack gardening is a simple and sustainable method for growing vegetables in small scale. This ensures year-round supply of vegetable i.e. kales in areas with minimal water supply and/ or farming land.

Currently 60% of the households harvest fresh kales by their doorsteps for consumption and sale of surplus for cash. Children are participating by attending to the gardens during weekends and holidays, this practice allows them contribute to their households' livelihoods and also empower them with vegetable farming skills. Below is a photo of one of the households already enjoying the fruits from this simple technology?



'See..! These days I only budget for flour to feed my children.' Asserts mama Otieno from Gumba.



Making food available and accessible is very key to us as a program. Our main focus is to increase food production in the island.

We supported four groups in the field of horticultural production and another four in poultry farming. This is captioned above under economic empowerment. Banana growing as we introduced in our resource center.

Numbers

Objective 2: Access to Dignified and Sustainable Livelihood and Resilience			PLAN NED 3 YEARS; FY18,F Y19, FY20	TARG ET FY2018	ACHIEV ED 2018 (YEAR 1)	% achieve d 2018
Activity 2.1.1: Educate and promote personal hygiene in schools and at household level-(Hygiene kit and IEC materials).	Kit	Hou sehold s	150	50	66	132 %
Activity 2.1.2: Provide for adequate sanitary facilities to VFM for improved hygiene at the ablution block.	Equi pment	Mon th	36	12	12	100 %
Activity 2.1.3: Demonstrate proper hand washing practices.	Child ren	sch ools	36	12	12	100 %
Activity 2.1.4: Support schools with hand washing and safe water storage facilities. (500 Liters)	Scho ols	Tan ks	12	12	11	92%
Activity 2.1.5: Create awareness on water treatment methods and provide 3 chlorine dispenser	dispe nser	Bea ches	3	3	3	100%
Activity 2.1.6: Advocate for provision of clean and sustainable water in three school.	prov ision	sch ools	3	3	9	300 %
Activity 2.1.8a: Support construction and branding of 3 public toilet in 3 beaches.	Beac hes	VIP Latrine s	3	1	1	25%
Activity 2.1.8b: Support construction and branding of toilets 6- 4 doors toilets to 3 schools)	Scho ols	VIP Latrine s	6	2	6	300 %
Activity 2.2.1: Train farmers on climate resilience farming practices	Train ings	far mers	2040	680	626	92%
Activity 2.2.2: Sensitize children and adults on environmental conservation.	Advo cacy	Mee tings	36	12	12	100 %
Activity 2.2.3: Environmental clean-up by strategic placement of dust bins for solid waste management in public places.		Dus t bins	30	30	30	100 %
Activity 2.2.4: Support establishment of household kitchen gardens for food production. (Seeds)	Seed s	Hou sehold s	2040	680	495	73%

Activity 2.2.5: Support families/ households with gunny bags for smart kitchen gardening.	gunny bags	Households	2040	680	488	72%
Activity 2.2.6: Promotion the establishment of fruit and timber tree nurseries	Tree nurseries	Groups	3	1	1	100%
Activity 2.2.7: Provide subsidized water tanks to the community for agricultural water storage and usage.	Tanks	Households	110	110	91	83%

NOTE

1. 2.1.4 – this was not achieved fully as prices risen in the year. So 1 kit could not be achieved.
2. 2.1.8b- the VIP latrine for 1 beach was not achieved fully. Implementing a designed plan was not possible as it was more costly, we are so far mobilizing resources to complete the remaining work.
3. 2.2.1 – we have achieved this due to support from FK foundation, fishing still attracting many and so the training benefitted only 92%.
4. 2.2.5 – out of the 92% trained, only 72% practiced. The 92% were provided with the information and materials. The rest kept the bags that we plan to withdraw or ensure they are put in use.
5. We planned 110 tanks of 1000 liters, 68 purchased and the rest were to be passed on. Only 23 were passed on. Poor passing on concept was a factor.

CHAPTER THREE (3) SOCIAL SERVICES

Integration of Advocacy

During the critical path process, community conversations across Kamasengre community focus areas centered on child well-being targets. The priority issues that emanated from the conversations were documented in the community action plans. These engagements have led to a considerable increase in community members speaking out and seeking legal support on vices affecting children. Food insecurity, health, economic status, education, child protection, safe water among other issues.

Similarly, the community sought service delivery from government health facilities during health **dialogue days**. The assertion with which they demanded inclusion in planning of health outreaches was evidence of local level advocacy. There is progressive increase in referral and uptake of ANC testing by pregnant women. Today community dialogue days have been taken by the community through the beach management units. This days have been embraced by the community.

Child Protection

So many children have gone through different forms of abuse and the most common one being child neglect and child labor.

In 2018, we reported over 29 cases to the authorities and took to court one case of child marriage/defilement. The judgment has not been given. The child was given to the school for one year.



A CHILD IN A CONSTRUCTION SITE

The community during the dialogue days have come out to demand safety for all children, the beach management units are promoting education by sponsoring continuous assessment examinations.

This year we pursued one court case of child sexual abuse. 135 cases were reported through the systems that we provided (26 child sexual abuse that led to pregnancy, 10 children were neglected at Litare beach and we rescued them, 60 children were involved in activities that pays them while 39 children faced physical abuse.) as matter of correcting this vice, VFM created child protection desks in the villages, beaches and schools. The desks offer space for reporting and abuse management.

Integration of advocacy was also achieved through **household visits** by social workers. In the households families get access to counselling services. Some families are affected by head of the family indulging in addictive drug and substance abuse that leads to domestic violence. Children then become the victims of such irresponsible behavior of their caregivers. The visits offer platforms for counselling. The abused children are supported psychologically, the sick are motivated and the elderly are encouraged.

Trainings:

As way of increasing efficiency in service delivery to the community, a number of trainings were conducted to the community and social workers;

1. Child protection training.



Social workers (6), teachers (12) and 17 community health volunteers were taken through a three day training that increased their knowledge and confidence in handling child abuse cases.



2. Child support service training.

All VFM staffs, 17 CHVs, BMUs were trained on how to manage children and create child friendly environments. These services are offered at home during visits, in schools, in the dispensaries that we partner with i.e. Kolunga community dispensary. Parenting help is offered through a modelled evidence based **Families Matter! Program**. Parents (568) and children (1013) were offered the services in groups and through this we recorded increased parent – child relationships. The trainings build the capacity of the community to not only provide for their children's health, safety and development but also to build their own self- reliance and sustainability through access to a six weeks education.

3. HIV Prevention

These training are focus on reducing the high HIV prevalence in Rusinga. To ensure this is achieved, VFM through;

Home based services- skilled social workers visited 910 households to provide prevention messages to the families. 23 HIV positive members of the families were supported to disclose their status to their close relatives and family members. Adherence messages were offered among other counselling services.

VFM supported the formation of three support groups, in these groups, PLWA through the guidance of a skilled social worker find opportunity to share their issues and give hope to each other.

Phone counselling services; after the first HIV training meeting, the community asked for a phone support, VFM through her program nurse offers counselling to PLWA on phone, 81 cases were successfully handled and we got complements.

4. Nutrition

We conducted a training to social workers and CHVs on nutrition to increase their ability and knowledge to provide nutrition services to the community. Today food availability, accessibility, preservation, preparation, value addition and storage is known to the community. Diet balancing is very key in our implementation.

Strategic Objective Three: Greater access to social services.			PLANNED 3 YEARS	ACHIEVED 2018
Activity 3.1.1: Train counsellors on identification of cases for counselling, child protection and social service delivery.	Trainings	People	25	25
Activity 3.1.2: Train community members and staffs on support service to children.	Trainings	People	400	215
Activity 3.1.3: Training support groups and community on HIV prevention, Gender Based Violence and Drug abuse	Trainings	People	400	215
Activity 3.1.4: Facilitate 3 social workers, 2 Facilitators and a nurse to conduct home visits.	5 Staffs	Month	36	8
Activity 3.1.5: Conduct community dialogue days to find solutions to own problems.		Meetings	36	8
Activity 3.1.6: VFM participate in national and international child days (orphans day, day of African child etc.)				2
Activity 3.1.7: Employ two more social worker.	1	Person	2	2
Activity 3.2.1: Case identification				
Activity 3.2.2: One on one counselling with the children and caregivers.				
Activity 3.2.3: Referral to other services.	1	Month	36	8 units 51 referrals
Activity 3.2.3: Develop a reporting system for children who are abused.	Meeting	Meetings	1	1
Activity 3.3.1: Family child protection education sessions		Sessions		

Activity 3.3.2: Enhance parent - child communication through Families Matter! Program.	1	Parents	1760	485
Activity 3.3.3: Identification and inclusion of discriminated disabled children.				9
Activity 3.3.4: Train children on child protection and life skills				12 sessions (900 children)

CHAPTER 4 HEALTH

Improved access to quality healthcare: *Interventions are geared at strengthening the capacities of duty bearer to provide equitable, accessible and quality services as well as create demand by promoting health seeking behaviors. The interventions endeavor to create awareness and health education to all the target beneficiaries for better health outcomes.*

Health Services

There was increased efforts by the community to seek healthcare services. Through advocacy, today 4 out of 10 cases of sickness are handled by health care providers because there is increased awareness. We campaigned against over-the-counter medicine. 112 phone calls were made by the community to the program nurse who offered free consultation services.

For consultations kindly call +254741540598

Medical Examination

Routine medical examination to 220 children at VFM is done every three months, the nurse assess the health conditions of children and offer treatment for primary prevention.

During the examination, different condition are identified and managed. We treated 73 skin infection.

Treatment

Sick children are treated, this is a primary health care that is offered to children to prevent the severe progress of any infection within the school, it done by providing proper diagnosis through testing and giving the necessary drugs.

The table below offers an over view of how many cases were seen during the year;

Diseases	No. Seen
Malaria	3
Injuries-physical	11
Skin Infection	73
Upper Respiratory Infection	65
Diarrhea	21
Dental disorder	13
Otitis media	18
Burns	5
Febrile illness	19



Outreach services

To close the long distance between families and the dispensaries, VFM conducted medical outreaches in the 17 villages in Rusinga West Location.



Adult community members are also benefitting the health services.

Through outreach services, we reach to 2441 families with health information and treatment services. We partner with other facilities and community health volunteers in offering services that are not in our reach.



Services	No. Seen
Family Planning	79 (offered by Kolunga dispensary)
Ante-natal care	61
Immunization	61
Treatment- minor illnesses	2441
HIV testing services	639 (1 positive HIV/AIDS case)
Referrals	900 (only 50 cases completed referrals)

During outreach we meet different cases that need referral; this has been a challenge since some clients fail to reach to the referred hospital for further management due to affordability and accessibility reasons.

Growth monitoring

Assessing the growth of a child is very vital for good health and effective milestone; this is done by checking their weight, height and nutritional status. We give deworming tablets (albendazole) every three months in



partnership with the ministry of health.

Adolescent health

It is important for young adolescent to go for medical examination, reproductive health information and to be self-aware of their stage in life.

This is done to prevent the challenges that arise during this stage. We do this through health talk sessions. We managed to form 12 health clubs, the clubs are meant to offer more information to adolescents. One teacher in each club has been trained by VFM as a matron/patron, offering counselling and guidance.

One on one session is also very key. We reached to 203 young women with this information in the year. Now young women and men understand the importance of family planning, STI screening, HIV testing services among other services. We recorded an increased health seeking patterns in adolescents.

Nutritional Health

This is an important component of health, nutrition is key to good immunity we present reduced illness and diseases.

Key messages on nutrition are good eating practices.

Good diet rich in all nutrients.

This year 456 community members were sensitized on healthy eating practices and food preparation and preservation.

We also shared nutrition with 220 children at Victoria Friendly Montessori School.



The picture below shows a pupil being taken through the nutritional chart.

Milestones in health

Strategic Objective Four: Improved access to quality healthcare			PLANNED 3 YEARS	PLANNED 2018	ACHIEVED 2018	% achieved 2018
Activity 4.1.1: Employ a nurse	1	Months	1	1	1	100 %
Activity 4.1.2: Provide adequate medical supplies for minor illness management during medial outreaches	1	Quarters	12	4	4	100 %
Activity 4.1.3: Training of health care providers on emergency response	1	Training	1	1	1	100 %
Activity 4.2.1: Sensitize children and parents on emergency response	1	Sessions	396	132	112	84.8 %
Activity 4.2.2: Educate children on good health practices	1	Sessions	396	132	112	84.8 %
Activity 4.2.3: Strengthen health clubs for awareness creation	1	Clubs	12	12	12	100 %
Activity 4.2.4: Provide IEC materials to boost health awareness.	1	Flyers	20	20	20	100 %
Activity 4.2.5: Community participate in national health days (Malaria, Aids, Tb, Cancer, Malezi Bora)	1	Days	12	4	4	100 %
Activity 4.3.1: Regular medical checkups for the children	1	Quarters	12	4	4	100 %
Activity 4.3.2: Child growth monitoring	1	Quarters	12	4	4	100 %
Activity 4.3.3: Treat minor illnesses	1	Quarters	12	4	4	100 %
Activity 4.3.4: Monitor nutritional status of children	1	Quarters	12	4	4	100 %
Activity 4.3.5 Advocate for health seeking by the community.	1	Meetings	36	12	14	117 %
Activity 4.3.6 Conduct community outreaches to upscale health service delivery by service providers.	1	Outreaches	108	36	39	108 %
Activity 4.3.7 Equip the school clinic with basic medication drugs for ease of minor illnesses management.	1	Quarters	12	4	4	100 %
Activity 4.3.8: Support Tom Mboya Health Center with post- natal room in partnership with Homa Bay County government.	1	Building	1	0		Government support s
Activity 4.3.9: Upscale ANC attendance.	1	Follow ups	0	216	61	28%
Activity 4.4.0: Regular deworming of children	1	Quarterly	12	4	4	100 %

NOTE

4.2.1-42.2

4.3.9

-School going children were targeted but with new policies in public school we could not achieve all the planned sessions with the limited time we were provided.

- The activity was implemented a half year. It was not budgeted but we realized we could implement it. We intensified follow ups to ensure all expectant mothers attended ANC and all children attend and complete immunization.



FOOD SECURED FAMILIES; this program is modelled to ensure families are involved in activities that can ensure food on the table and not just food but food with value

Objective - Improved nutrition for children and community.

Advocacy

Before the program was initiated, the community was only able to feed the families on one possible meal, only infants could get at least two meals in a day.

The available food materials were also mishandled and poorly prepared.

We advocate for food availability, accessibility, value addition, preservation and preparation. Before the project, families did not get access to food because it was not available due to overdependence on the depleting fishing. We have increased the number of families practicing agriculture for food production. In the year we supported 495 families with farm inputs that saw increased food supply between June 2018 and December 2018- families had enough food- the community was a bit food secure.

In the other hand we trained families on food storage preservation and preparation to ensure nutrients were not lost.

Children under age 5

The program in partnership with the ministry of health provided multivitamins as supplements to children under the age of 5 years. 627 children who are under five and enrolled in schools were offered the supplement and over 456 who are at home were offered the supplement on a door to door campaign.

Nutrition in school

VFM has a school feeding program that offered two meals to 222 children in the year. A balanced diet is considered in the two meals with green vegetable, fish-omena, fruits and where fruits are not available, lemon is used in the preparation of breakfast.

The super food (Moringa)

Just as we call it Moringa is a supper food as it provides high level macronutrients. It provides vitamins and proteins. Moringa powder is an ingredient in all foods in school while the community has displayed their love for Moringa by planting it in their kitchen gardens and horticultural farms.

A training offered by FREEKENYA FOUNDATION in Angiya offered more knowledge to the community about Moringa. It nutritional values, economic values and medicinal values.

This is what Suleiman had to say about Moringa

"I have had the plant over the years but with no knowledge about its benefits, it was just a tree in front of my home, thank you VFM"



Objective 5 - Improved nutrition for children and community.			PLANNED 3 YEARS	PLANNED 2018	ACHIEVED 2018	% Achieved 2018
Activity 5.1.1: Nutrition education for the family and schools		Sessions	0	1200	900	75%
Activity 5.1.2: Develop and display nutrition information		Flyers	0	20	20	100%
Activity 5.1.3: Provide incentives to reinforce message implementation	17	CHVs	36	12	12	100%
Activity 5.1.4: Design and implement curriculum for nutrition education	1	Manuals	20	20	20	100%
Activity 5.1.5: Demonstrate healthy eating practices to children	1		0			

Activity 5.1.6:: Train the social workers and CHVs on food value addition and food preservation methods for community uptake	1	Trainings	1	1	1	100%
Activity 5.2.1: Train 25 public health care workers on nutrition interventions	1	Trainings	1	1	2	200%
Activity 5.2.2: Facilitate movement of 17 CHVs to support awareness creation to the community.	17	CHVs	36	12	12	100%
Activity 5.2.3: Support dissemination health and nutrition information by HSPs	1	HSPs	36	12	12	100%
Activity 5.3.1: Provide healthier foods for children (School feeding program at VFM)	195	Days	585	195	188	98.4%
Activity 5.3.2: Provide children with supplementary vitamins	1800	≤5years	600	600	621	103.5%
Activity 5.3.3: Involve students in planning the school menu		quarterly	36	4	4	100%

NOTE

5.3.1 - Schools closed 7 days earlier.

CHAPTER 6 EDUCATION

Main objective.

To improve equitable access to quality education: interventions aim to make at helping every child under our care to achieve the highest educational standards that he or she possibly can. Education

To ensure the above objective is achieved, an established Victoria Friendly Montessori school stand to provide opportunity to the vulnerable children to learn.

ENROLLMENT

The school registered 222 children in its education system, this year the highest grade was grade five that has 28 children.

TEACHING STAFFS

VFM school has adequate qualified teachers all trained as primary teachers. The ECDE center has 4 teachers and the primary school has 11 teachers.

TEACHING MATERIALS

The school has enough teaching materials. The book ratio is 1:1 except for the new curriculum materials that were approved by the government in the year. The new curriculum faced out the old books were then rendered useless with the competency based curriculum.

CHILD SUPPORT

Children from very poor families who had torn and old uniforms were supported with new uniforms, 138 children from sister schools benefitted the program. 10 children whose caregivers abandoned in the beach were supported with food, clothing and sheltered in a temporary structure in VFM School.

Life skills trainings to children from all Rusinga schools was conducted in VFM and this was done in partnership with MOCHO.

As a way of reducing teenage pregnancy and other life threatening conditions to children, VFM during the long November- December holiday engaged children in a soccer games. Teachers were there to ensure all the 659 children who appeared there were guided, the activities were planned for only primary school going children but later the demand increased and even the secondary students got opportunity to play.



INFRASTRUCTURE

VFM School has superior infrastructure that allow for superior learning, the school classrooms are furnished with adequate facilities. 11 classrooms are standing, ablution block is well maintained and the new kitchen, dining hall and stores offers to children modern dining area.

**CHILD HEALTH**

The program nurse provide child friendly health services to children who get sick while in school. We believe that a child who is healthy is active and participating in class.

SCHOOL FEEDING PROGRAM

VFM in partnership with caregivers in feeding has contributed towards increased child performance and good health. Feeding program has reduced absenteeism in schools due to hunger amongst pupils and it has led to an increase of HH adoption towards food production for the last 12 months. Child attendance rate has been improved. The feeding program has improved the health of children who are no longer starving.



COMMUNITY INVOLVEMENT IN EDUCATION

Caregivers have continued their support to children, children are always dressed in good uniforms except for the few who have been mentioned earlier. Monitoring child performance by caregivers improved this year.



CO-CURRICULUM ACTIVITIES`

This year VFM School children in grade 4 and grade 5 participated with other schools in the zonal ballgames and 3 boys were selected to participate in the sub county games. It was a pleasure as we saw the other schools spectate. This motivated the children and we found that their self-esteem was boosted.

ACADEMIC PERFORMANCE

More efforts were put that increased child classroom attendance. Families matter! Program increased both parents and teachers confidence in handling child issues. Communication has been improved and thus have seen a society where children are improving their performance in the class. Construction of new VIP Latrines in three schools increased attendance. Numerous efforts by social workers to train children on life skills was fruitful as it appeared that children are now knowledgeable are they put more efforts in class work than irresponsible activities.

We present KCPE 2018 performance of children in Rusinga. VFM program area covers six public schools and one private school all shaded in the table below.

SN	SCHOOL NAME	PROGRAM AREA-VFM	2017 MEAN	2018 MEAN	DEVIATION
1	Wasaria Primary School		343	351	+8
2	Little stars Primary School		341	344.3	+3.3
3	Wamwanga Primary School		NA	331	First timer
4	St Michael Primary School		313	319.5	+6.5
5	Uya Primary School		298	317	+19
6	Dr. William Primary School		299.4	315	+15.6
7	Noel Primary School			314	
8	Waregi Primary School		303	299.84	- 3.16
9	Eddie Memorial School			299.26	
10	Oguta Mbare Primary School		296	297.47	+1.47
11	Bondo Primary School		297	297.30	+ .3
12	Saggy Primary School		304	297	-7
13	Kaswanga Primary School		291	294	+3
14	Utajo Primary School		284	288	+4
15	Kamgere Primary School		279	282.6	+3.6
16	Temo Primary School		281.9	282.3	+ .4
17	Kamasengre Primary School		256.41	276	+19.59
18	Nyamuga Primary School		263	272	+9
19	Kakrigu Primary School		272.3	270	-2.3
20	Wakondo Primary School		251	252.89	+1.89
21	Ngodhe Primary School		249	252	+3
22	Wanyama Primary School		253	245.87	-7.13
23	AGRO Primary School		241	245	+4
23	Lianda Primary School		256	245	-11
25	Kamayoge Primary School		198	237	+39
26	Humanist Primary School		298	225	-73
27	SPC Primary School			224	New



Objective 6 - Improved equitable access to quality Education.			PLANNED 3 YEARS	PLANNED 2018	ACHIEVED UPTO AUGUST 2018	% Achieved 2018
Activity 6.1.1: Sensitize on school safety measures		quarterly	12	4	4	100%
Activity 6.1.2: Sensitize on friendly teaching and learning environment		quarterly	12	4	4	100%
Activity 6.1.3: Conduct school inspection on safety		Quarterly	12	4	4	100%
Activity 6.1.4: Installation of firefighting equipment		Buildings	17	17	11	65% Prices were high and so we achieved this.
Activity 6.2.1: Assess and evaluate teaching quality		quarterly	12	4	4	100%

Activity 6.2.2: Recognize better performing teachers and pupils		Tests	27	9	11	122%
Activity 6.2.3: Lobby for deployment of qualified staffs (New)		Teachers	4	4	4	100%
Activity 6.2.4: Promote learners and teachers achievements through regular awards, announcements and activities.		Quarters	12	4	4	100%
Activity 6.2.5: Provide adequate teaching and learning materials for new class		Year	3	1	1	100%
Activity 6.3.1: Engage PTA in monitoring school performance -	1	Meetings	12	4	4	100%
Activity 6.3.2: Create a system of monitoring performance in the school		System	1	1	0.75	75% To be complete. The contract was fully signed
Activity 6.3.3: Monitor school attendance for children	1	0	585	195	188	96.4% Schools closed 7 days earlier
Activity 6.4.1: Construction of administration facility at VFM	1	Building	1		Not in this budget.	PM
Activity 6.4.2: Construction of administration facility at Dr. Williams Primary School	1	Building	1		Not budgeted	PM

in partnership with the local community.						
Activity 6.4.3: Establish a youth friendly center at VFM to benefit youths in Rusinga.	1	Building	1	0	0	FY 2019
Activity 6.4.4: Construction of an ECDE center facility at EDDIE Primary School in partnership with the local community.	1	Building	1		Not budgeted	PM
Activity 6.4.5: Establish and equip a community resource center.	1	Facilities	1	0	0	FY 2019
Activity 6.5.1: Provide very needy children with school uniforms in Rusinga to boost child retention and classroom comfort.	1	Children	300	100	121	121%
Activity 6.5.2: Provide school fee subsidies to needy children in partnership with CDF busary fund and county government - Rusinga Ward		Children	6		Not budgeted 2018	PM

Our partners

1. **Rusinga community**- they are the beneficiary of our activities, they care take the children.
2. **Zerekap** – they are our partners in economic empowerment.
3. **Imani Foundation**- support our activities both financially and technically through their director who advices VFM.
4. **Talud** – they support all our activities financially.
5. **Femi foundation** - support our activities by donating resources.

6. **FreeKenya Foundation**- our partners in agribusiness, they helped in the establishment of agricultural resource center.
7. **Koornzaayer foundation** – supports our investments and other activities.
8. **Peter Van Vliet**- he supports our activities.
9. **Ministry of agriculture**- offered training to farmers in rusinga.
10. **Rusings Trust**- offered computer trainings to our social workers. Their community dispensary has been of great support to the community.
11. **Primary schools and the ministry of education**- the ministry offer trainings to teachers while VFM partners with other schools to implement education and other activities in schools.
12. **Ministry of health** - community health volunteers are trained by the ministry on resilience and as they work they support VFM in the implementation of the integrated activities.

LEISURE Puzzles

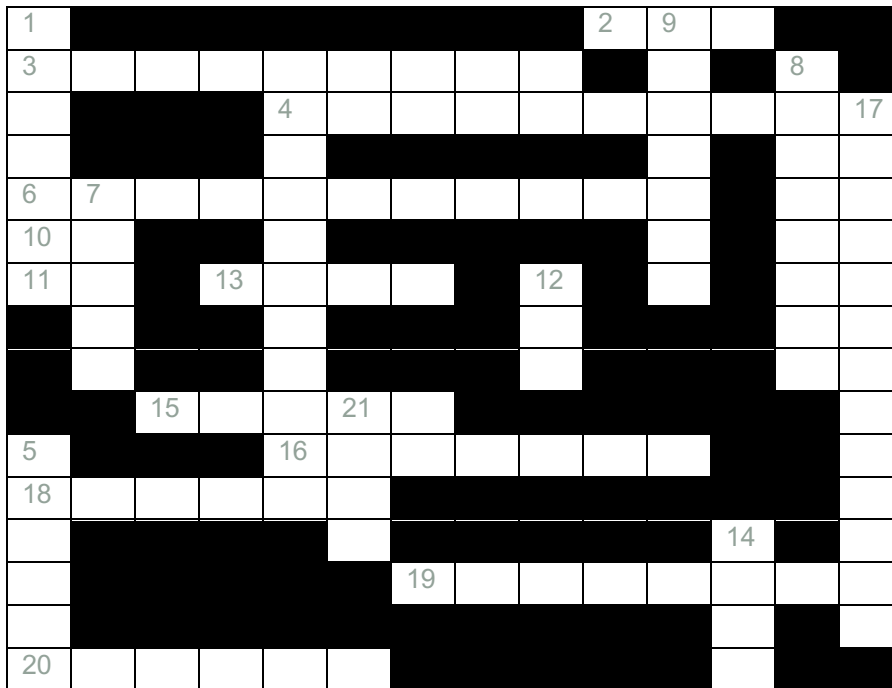
Play the puzzle and crossword.

Row rule- there are nine rows, every row must contain numbers 1, 2, 3, 4, 5, 6, 7, 8, 9 there should be no duplicate numbers in any row.

Column rule- there are nine columns, every row must contain numbers 1, 2, 3, 4, 5, 6, 7, 8, 9 there should be no duplicate numbers in any column.

Region rule- there are nine regions of 3*3 box that have nine regions, the regions must contain numbers 1, 2, 3, 4, 5, 6, 7, 8, 9 the regions will not match if there is any duplicate

	?		1	4	?			
		5		9		?		1
	3	?				4		
5			9		?	8		2
?	1			6			?	9
8		?	7		4			?
	4	1				5	2	
?		9		1		?		
			5	7	?		1	

Cross word puzzle**Across.**

2. A selfless leader who is directing Victoria Friendly Montessori program.
3. A project implemented by VFM that fights illiteracy and development of children.
4. A relationship in VFM program where a more experienced person is involved in guiding children.
6. A foundation that has over the years funded investment costs in VFM School.
10. Time between midnight and noon.
11. Educational course related of maintaining the human body through physical exercise.
13. A foundation that supports VFM, FTK, Greening Africa and KIOCH in Nepal.
15. He is the founding chairman of No.6 above and he visited VFM in 2015.
16. The dry island in Lake Victoria that is connected to the mainland via a bridge.
18. The foundation that believes that -a foundation of a person's health and future lies in early childhood which is the most opportune time to break the cycle of poverty or even prevent it. VFM donor organization.
19. A settled way of thinking. We work towards changing it as a program.
20. An annual event in Rusinga that promote culture

Down.

1. They are our partners in the economic empowerment program.
4. An international education system adopted by VFM in their ECDE.
5. She directs No. 6 above, committed and motivational leader.
7. A type of fish that is caught at night in Lake Victoria using nets and lights.
8. The director for the foundation in no. 13 above and managing partner at REACH OUT 2.he
9. He has supported VFM since 2015 to date. His starts with letter P.....V.....T.
12. Abbreviation for a donor who funded the construction of VIP latrines in Rusinga.
14. A national park in the neighborhood of Rusinga with beautiful game like Rhone antelopes, rhinos and giraffes.
17. He loves development and supported VFM in 2017.
21. A sub-county where VFM is operating, its headquarters is Mbita.

STORY TIME

In a story, an African man was given the opportunity to ask for Anything he wants. The condition was that, whatever he gets, his Brother would receive double. He thought about asking for a House; but he did not like thought of his brother having two Houses. So he thought about asking for a million dollars to go to his Bank account; but again, he was unhappy with the thought of his Brother having two million dollars in his account. The man sat down And thought hard, "What can I have and still be better than my Brother when he has double?"

So, he thought of having one of his eyes removed so that his Brother might have his two eyes gouged. This sounds like a very Unlikely story; however, this is the typical mentality that has set Africans backward for ages and caused witchcraft to thrive in Africa. An African wants to be better than his brother at all costs. The African man is only careful to share his beer, not his books; to Spread his diseases, and not the cure; to transfer his problems, and Not the solution.

When an African man fails, he wishes his brother same fate so that He won't be the only one who had tasted the bitterness of failure.

An African man is happy when evil besets his brother.

When most African men succeed, they want to enslave their Brothers; they try to make the class gap between them and their Brothers widen daily. An African man wants to outperform his Brother in every area and most African men do not want to let their Brothers have any chances of success because they want to be the Only ones succeeding.

When an African man gets to sit on a seat of authority, he wants to Keep it to himself and refuses to give anyone else a chance to sit. In African schools, students who can afford textbooks do not let Other students borrow their textbooks because they want to stay Top of the class or they don't want to give another student the Opportunity to perform better than them. When one Independently discovers the way to success, an African man who Refused to give directions would still do all he can to stand in the Way of that success. An African man is ready to spend money to Intimidate his brother and make him look like nothing.

Africa will become better; When we begin to share books to pass Knowledge, not just our drinks. When we begin to let others also Lead without our influence. When we begin to give the same quality Of food and clothing to both our children and our maids. When we Let our servants eat on the same table with us. When the boss lets His lower staff get paid before him. Africa can become progressive

When we begin to look out for each other rather than stand in the
Way of one another. When we can sincerely say, "let my brother get
It too, and if I can't get it, let me help him get it"
Excerpt from the book ***The Problem with Africa***

As VFM we live to see our brothers have double what we have so that in the end we celebrate our achievements together. It cannot be a one mans job.



THE VISUALISED CHANGE.

We hosted 43 guests from different organizations, among them donors and donor representatives. We hosted two primary schools who visited to learn from VFM.

We also hosted teachers from Rangwe sub-county who also bench marked on the modern infrastructure in schools.

The area Member of Parliament also called twice to see developments at VFM. She got motivated to improve the condition of government funded infrastructural development in schools.

Two community based organizations learned from our water project and from that, one CBO in Kaswanga known as Badilisha has successfully implemented the project.

VFM also learnt from others, Inuka women group were supported to learn from Lwala Community Alliance. New Vision is a group of women in Lwala empowered through tailoring and dress making. So a team from VFM learnt from them.

VFM was also supported by FreeKenya foundation to learn about Moringa in Angiya a project implemented in Ndhiwa sub-county. After the visit, VFM was able to improve on value addition of Moringa.

The county director of education visited thrice, one visit saw the completion of the registration of school, while the other two were support supervision.

TEENAGE PREGNANCY AND EARLY SEXUAL DEBUT

National records shows that Homa Bay County leads the whole nation with early pregnancy incidences, child marriage and high HIV prevalence that is equally high in the youths aged 15- 25 years.

It is noted that poor parenting and lack of child monitoring is the main resulting factor among other factors.

The government recommend long holidays between November and December, during the sixty days children found themselves in life endangering activities.

WHAT WE DID

1. VFM initiated a child friendly activities including sporting activities. We managed to engage over 557 children during the holidays. With the activities we hopefully reduced the high chances teenage pregnancy.

Specific objectives	Activity
<i>To scale up child health awareness to 500 children in Kamasengre by December 2018.</i>	<i>Life skills/ Health talks. (topics: knowing yourself, sexual health, drug abuse, child abuse)</i>
<i>To improve academic performance, increase child team work, promote physical health and boost self-esteem to 500 children through games and sports by December 2018</i>	<i>Soccer and athletic activities</i>
<i>To promote positive parenting practices that help parents to understand children, monitor child safety at home and promote family resilience through 222 household visits by December 2018.</i>	<i>Family household visits. (Monitor and advocate for child wellbeing)</i>
<i>To demonstrate to the community that, they can make efforts to improve infrastructure -by involving 500 children in simple road maintenance of Luore-Litare road by December 2018.</i>	<i>Community support (Road maintenance) Advocacy (150meters)</i>
<i>To boost child personality on public speaking</i>	<i>Debating activity</i>
<i>To improve the writing skills of 500 participating children</i>	<i>Writing competition</i>

Rusinga TRUST

They offered life skills to girls in secondary schools and this was a very successful activity.

Rusinga Island Cultural Festival 2018- RICRAF.

The festival offered four days of family fun within the picturesque environs of the island. The four days of youth soccer, boat rowing, music film, fashion, food, artistry literature and conversations that take the families back in times of the riches of Rusinga culture. The event is annually supported by Rusinga Island Lodge and other partners and publicized by Royal Media Services.

LET'S DO MATHS

A teenager stole sh.50 from a shop 😊 then bought a perfume of sh. 45 from the same shop 😊. How much money did the shopkeeper lose? 😞😞