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ANNUAL REPORT 2022



Victoria Friendly Montessori

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PROJECT SUMMARY

REPORT DATE	PROJECT NAME	PREPARED BY
29/5/2022	VICTORIA FRIENDLY MONTESSORI	Philip Ongeri

REPORT SUMMARY

Introduction

In a bid to strengthen community service delivery, VFM redesigned the household visits. Each social worker would now target a small number that would be more realistic to achieve. This came from the lessons learned in the past years where a field staff would target the entire household population. This limited quality of the services to the beneficiaries.

The five clusters each assigned a social worker, (now called Community Owned Resource Person-CORP) targets 75 households per quarter offering comprehensive services. A household through service layering must achieve at least four of the six projects implemented. 2022 reports a total of **1,525** households reached with integrated services.

Table 1

SN.	CLUSTER	# Households 2022	Population 2022	HH Targeted 2022	# HH Reached	% of HH reached
1.	GUMBA	479	2167	300	302	100
2.	NYANGERA	511	2279	300	303	100
3.	LWANDA	509	2392	300	305	100
4.	WAEMBE	343	1212	300	306	100
5.	SIENGA	603	2239	300	304	100
	TOTAL	2445	10305	1500	1311	100

Benchmarks are recorded before activities begin, the CORP analyzes the situation of a household and plan how to move on with the activity implementation. A coordinator supports the implementations in the field and recommends changes.

ACTIVITY 1.0

Food Security.

Planned Activities:

Table 2

Cluster quarterly target				Q1	Q2	Q3	Q4
OUTCOME 6.0 Improved food security and livelihoods in Rusinga community	To strengthen existing kitchen gardens	Activity 6.1 Follow ups on existing kitchen gardens	300 households	75	75	75	75
	To promote conservation agriculture	Activity 6.2 Advocacy on compost making	300 households	75	75	75	75
	To increase food production by providing smart gardens	Activity 6.3 Support families with conical gardens	300 households	75	75	75	75
	To conserve environment and improve nutrition	Activity 6.4 (a) Planting Agro forestry trees	300 households	75	75	75	75
		Activity 6.4 (b) Planting fruit trees	300 households	75	75	75	75
	To enhance agricultural food production	Activity 6.5 Advocacy on climate resilient farming practices	300 households	75	75	75	75
	To increase food production by providing fences	Activity 6.6 Support durable fences to households	100 fences	50	75	75	75
	To control pests and diseases for higher production and healthy farm products	Activity 6.7 Advocacy on pests and disease control	300 households	75	75	75	75
	To improve quality of local poultry	Activity 6.8 Support farmers with cockerels for upgrading local poultry	50 cockerels	50	50	50	50

Kitchen Gardening

There was a prolonged period of drought that posed big challenges for gardening. The program therefore introduced new techniques to counter the drought effect.

Climate resilient farming practices adopted to counter the drought.

- **Sunken beds:** the beds were necessary for retaining water and compost making the vegetative contents in them to be healthy for a longer time.
- **Cement bags:** they are cheaper to obtain and easy to manage. One must cut one bag into four tube pieces and mount them on the ground. The farmer then fills it with rich soil and plants.
- **Conical Gardens-**households were supported to establish conical gardens. These gardens use very little water and at the same time simple to maintain. 541 conical gardens were distributed.
- **Composting-** Every family was trained on composting to ensure improved soil fertility. Though not very successful, 655 households have compost yards in their compounds
- **Tree planting-** VFM through the support of a banking partner planted 800 Grevillea Robusta trees. These were planted in homes.
- **Fruit trees-** Through the support of a partner, VFM planted mangoes, papaya, and passion fruits. This was promoted in 1,000 households.
- **Best agronomic practices-** as many farmers got into agricultural activities, VFM also scaled up training to the farmers on livestock and crop disease control.

- **Improved Poultry-** A single mother was supported with cockerels to improve stock for other farmers

ACTIVITY 2.0

Household Economic Empowerment

Planned activities

Table 3

			Q1	Q2	Q3	Q4
To ensure 10 new SILC social groups are formed and 53 existing ones strengthened	Activity 2.1 Formation of 10 and strengthening of 53 SILC groups in the community	63 SILC groups	10			
	Activity 2.1 (a) Routine follow-ups	63 SILC groups	63	63	63	63
	Activity 2.1 (b) Support SILC groups with an initial fund	63 SILC groups	63			
	Activity 2.1 c Referral of SILC group members to financial institutions	63 SILC groups	63			
To create Forums for community participation and sharing	Activity 2.2 Conducting dialogue meetings	4 dialogue meetings	1	1	1	1
To ensure 60 households are empowered through poultry projects	Activity 2.3 Poultry projects	60 households	60			
	Activity 2.3 (a) Support the construction of poultry units	60 households	60			
To reduce poultry mortality rate	Activity 2.3 (b) Support poultry farmers with vaccines and drugs	25 units		25		
To ensure 60 farmers are empowered in horticulture	Activity 2.4 Horticulture practice	60 households	30	30		

2.1 Saving and Internal Lending Communities- SILC

Of the targeted households, 77.47% were already participating in SILC, more capacity building was conducted, and all remained participating. 338 households were not participating and through the support of the CORPs 203 households are participating as 135 are yet to be enrolled in SILC activities. This means that we formed 10 SILC groups.

Table 4

SN.	CLUSTER	# Households 2022	Population 2022	HH Targeted 2022	No of families participating in SILC in targeted HH	No of families introduced to SILC 2022	#HH to be enrolled into SILC
1.	GUMBA	470	2167	300	201	60	39
2.	NYANGERA	501	2279	300	235	55	10
3.	LWANDA	500	2392	300	266	11	23
4.	WAEMBE	334	1212	300	227	33	40
5.	SIENGA	595	2239	300	233	44	23
	TOTAL	2400	10289	1500	1162	203	135

2.2 Horticulture

More households have showed interest in horticulture with more men than women participating in this activity. VFMs direct intervention in farmer training has been a success. Before, retired government employees would go unnoticed in development issues. Four teachers in Kamasengre retired and happily through the influence of VFM got involved in horticulture. They have become role models who have fueled our efforts to engage more people into subsistence agriculture that has seen farmers get more income from the sale of surplus. We have recorded more households fencing their compounds to prevent damages by roaming animals.

From our market analysis in Litare beach, more than a half of green leafy vegetables in the market now comes from Rusinga. VFM has acquired a bigger parcel to do horticulture, this will be a demonstration farm.

Three groups supported by VFM are actively participating in the activity while 241 households were growing horticultural crops including bananas



2.3 Poultry Keeping

2.3.1 Vaccines

VFM supported 200 households with 3 routine poultry vaccination. Fowl pox, Newcastle, and Infectious Bronchitis vaccines were administered. Vaccines are packed in 50s and thus achieved more than targeted in the plans.

2.3.2 Poultry Housing

VFM supported 3 groups with poultry housing and in partnership with 245 households, constructed poultry houses. Each beneficiary contributed 5 chickens while VFM topped up 5 chickens. Households are practicing free range, feeds given and birds supplement by own scavenging.

"I feel privileged by VFM for the support they have given me and my family. I was hopeless until they offered me a fence that has improved my security and for the support with 10 birds and a poultry house that will improve my income in the next months."

LENCER

ACTIVITY 3.0

Social Services

Planned activities

Table 5

			Q1	Q2	Q3	Q4
To strengthen child abuse case management	Activity 4:1 identification of various child abuse cases in Kamasengre		50	50	50	50
To ensure children know their right and responsibilities	Activity4:2 educate children on child protection and life skills in 8 schools	8 schools	8	8	8	8
To reduce child abuses in the community	Activity4:3 strengthening of existing child protection desks	5 beaches, 8 schools, 2 chiefs camp	6	5	2	2
To enhance child parent positive communication	Activity4:4 skillful parenting	320 parents	80	80	80	80
To help the children open ups and express their feelings	Activity4:5 establish speak out boxes in schools	8 schools	2	2	2	2
To ensure elderly wellness	Activity4:6 identification of unwell elderly and making relevant referrals to relevant institutions		15	15	15	15

3.1 Child protection

Rusinga presents various child abuses including physical, emotional, and psychological abuses. VFM has been in the fore front in fighting the vices and this period 3 cases were taken to Kenyan court in Mbita, and these were sexual, neglect and physical abuse.

To ensure that children are aware of their rights, a total number of 1,345 children of age 12 to 17 were reached with child rights education at their schools, (Kamasengre school, Eddie school, Uya school, Dr. William school and Wamwanga primary schools.) Another group of age 18 to 24 have been reached with the same information at Kamasengre secondary, Humanist School, and Ogola Jaseme Secondary school.

These sessions were meant to equip them with self-protection skills against different forms of abuse.

Speak out boxes were in 5 five schools, and this has improved case reporting. Children write their frustrations at home and in schools. Teachers embrace the system as it has improved case management. A total of 207 issues were reported through speak out boxes.

3.2 Single mothers

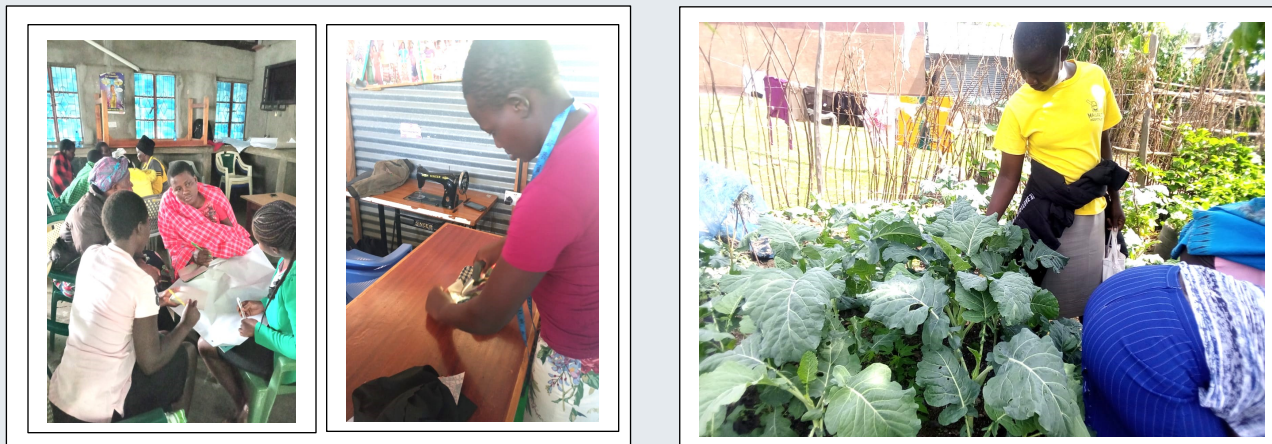
Monitoring and follow ups for the following activities were conducted on routine basis:

- Support group for single mothers
- Ongoing income generating activities of individual single women
- Savings and loaning activities (SILC)
- Revolving fund repayment

3.3 Skillful Parenting

Parenting is still a big challenge that VFM would still invest in. in the year VFM successfully facilitated 320 young parents with follow up sessions to the previously trained beneficiaries.





ACTIVITY 4.0
Water Sanitation and Hygiene- WASH
Planned activities 2022

Table 6 Planned activities for WASH

			Q1	Q2	Q3	Q4
To ensure community members are sensitized on safe water use	Activity 3.1 Advocacy on safe water use to 2400 HH	2400 HH	600	600	600	600
To increase pit latrine coverage in Kamasengre community	Activity 3.2 Support households with latrine slabs	300 households		300		
To enhance hand washing practices at household level	Activity3:3 provision of handwashing facilities to vulnerable HH	300HH		300		
To ensure households adopts water harvesting methods	Activity3:4 advocacy on water harvesting through guttering	300HHS	75	75	75	75
To ensure the community get access to safe water at VFM kiosk	Activity3:5 sensitization and marketing	505HHS	127	125	125	125
To create handwashing awareness in schools	Activity3:6 (a) Handwashing demonstration in schools	8 schools	8	8	8	8
	Activity3:6 (b) handwashing demonstration in groups	63 groups	63	63	63	63
	Activity 3:6 © Handwashing	300 HHS	300	300	300	300

	demonstration at HH level					
To ensure households are reached with information on personal hygiene	Activity3:7 (a) advocacy on hygiene at schools	300 HHS	300	300	300	300
	Activity3:7 (b) advocacy on hygiene at schools	schools	8	8	8	8
To ensure needy children are supported with hygiene kits	Activity3:8 provision of hygiene kits pack	250 needy children	50	100	50	50

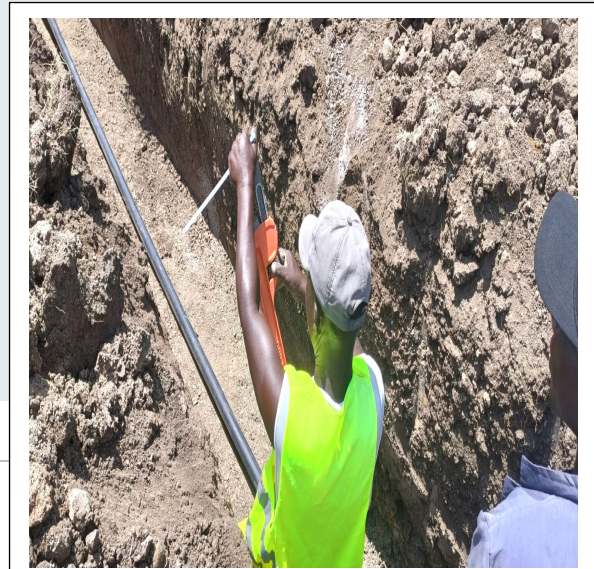
4.1 Hygiene and Sanitation

NO.	INDICATOR	TARGETED	ACHIEVED	Next Action
1.	Pit latrines	142	122	20
2.	Dish racks	144	138	06
3.	Hand washing facilities	147	140	07
4.	Waste management pit	147	137	10
5.	Cloth line	132	131	01
	TOTAL	712	662	50



4.2 Kamasengre Water Supply

Kamasengre water supply is under development with the contractor committed to complete the work in February 2023. This will improve household water access for domestic and for gardening. The contractor is doing quality excavation of water lines. The tank base is already started with the foundation excavation completed.





ACTIVITY 5.0

Education

Table 7 - Planned Activities for Education

To ensure schools in Kamasengre east and west sub-locations are sensitized on safety measures	Activity 1.1 Sensitization of safety measures in Schools	20 sessions to 900 children	225	600	300	150
To monitor children, progress in schools	Activity 1.2 Continuous Follow-ups on Children's Performance in Schools	300 children quarterly at VFM school	300	300	300	300
To enhance health and environmental awareness in schools	Activity 1.3 Formation of Environmental and health talk clubs in Schools	8 clubs of 15 children in schools per cluster	8			
To ensure needy children are enrolled and retained in schools	Activity 1.4 Identification of needy children are provided with school uniforms	250 children in the five clusters	150	100		
Ensure children of school-going age are enrolled in schools	Activity 1.5 Identification for early enrolment of Children in Schools		30	0	0	0
To ensure 20 needy children are supported with school fees in partnership with other organizations and well-wishers	Activity 1.6 Identification of needy children to be Supported	20 needy children across the five clusters	20			

To initiate nutritious feeding program in schools in partnership with other organizations	Activity 1.7 Feeding program in VFM	300 children	300	300	300	300
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Table 8- Baseline data for the targeted households

NO	INDICATOR	GUMBA	NYANGER A	LWAND A	WAEMBE	SIENG A	TOTAL
1.	NO. Of children of school going not enrolled in school	14	6	3	8	9	40
2.	# School dropouts due to lack of school fees	2	1	1	4	1	9
3.	# School dropouts due to other reasons	2	3	1	2	3	11
4.	# Youths not transited to the next level of education	12	7	12	15	22	68

Other reasons for non-attendance

In the households listed for direct implementation of activities, 40 children between the age of 3 and 5 years were at home because parents thought they were still young, others would not walk to schools because they looked young, and schools were far.

Services Offered 2022

SN.	INDICATOR	GUMBA	NYANGERA	LWANDA	WAEMBE	SIENGA	TOTAL
1.	Children of school going age enrolled in school	12	5	3	1	1	8
2	School dropouts supported with school fees	2	4	6	3	3	18
3	School dropouts for other reasons enrolled back to school	1	8	1	1	4	15
4	Youth not transited to the next level of education supported to join higher institutions	1	1	0	2	1	5
5	youth not transited to next level of education supported to do business	1	0	0	0	1	2

Kenya Certificate of Primary Education

The first time VFM sat national examination; the results were very motivating as all the 22 pupils got opportunity to join good secondary schools. Caregivers were able to support the children to transit to higher education. However, 6 children who were not able to join due to lack of fees were supported by VFM financially to join secondary schools.

Mr. Tom Mboya Odhiambo and his wife Irene Mboya are both secondary school principals in Ober Boys Secondary and Migingo Girls Secondary respectively. This family offered uniform support to 9 boys and girls who joined their schools. Tom and Irene are residents of Lwanda cluster.

VFM also supported 8 secondary school students with school fees. 4 are graduating from secondary school this financial year.

Teacher training

The new curriculum demands that teachers get training to enhance their capacity in curriculum delivery. 8 teachers were trained on the new curriculum and this improved teaching in the classrooms. Through a passing-on system, the 8 trained teachers supported the other 8 to also understand

Junior Secondary School

VFM successfully register a junior school after scoring 85% of the needs even though we lacked some basic facilities like computer and home science rooms. VFM will focus on this need in 2023.

Learning and Teaching material

VFM supported children with learning and teaching materials, a desktop computer and a projector were procured to facilitate teaching. 7 digital phones were procured to facilitate teaching.

Feeding

VFM continued to provide two meals every day to 287 children in school. This has created an impact as a 100% attendance rate. Children are healthy as reported by Green Food Foundation in their assessment though they recommended adjustments in the diets. Though it is very expensive procuring food materials due to the increased cost of living, still nutritious food is served to children. As recommended by GFF, VFM in the coming year will adopt own food production to cut cost and ensure feeding is sustainable.



ACTIVITY 6.0

Health and Nutrition

Planned Activities

			Q1	Q2	Q3	Q4
Improve health awareness	Activity 5.1 Conduct health talks to young boys and girls in schools	12 sessions	3	3	3	3
	Activity 5.2 Provision of sanitary towels to girls of reproductive age	120 girls	30	30	30	30
	Activity 5.3 Engaging support groups on health-related issues	2 support groups with 25 members	50	50	50	50
	Activity 5.4 Provision of male pants	120 boys	30	30	30	30
	Activity 5.5 Advocacy on health seeking behavior at household level	2400 household	600	600	600	600

	Activity 5.6 Upscale ANC attendance and Immunization	50 ANC mothers	15	15	10	10
	Activity 5.7 Provision of bags, soaps, and detergents to 50 PNC mothers	50 PNC mothers	15	15	10	10
To improve health care support	Activity 5.8 Regular medical checkups and child growth monitoring	300 VFM children	300	300	300	300
To manage minor illness in the community	Activity 5.9 Conduct medical outreaches and deworming	24 medical outreaches	6	6	6	6
To enhance nutrition awareness among parents, children, and teachers	Activity 6.0 (a) Advocacy on nutrition at household level	300 households	75	75	75	75
	Activity 6.0 (b) Advocacy on nutrition at schools	8 schools	8	8	8	8

Our field team cooperates with the community health volunteers and other stakeholders to do the following to the community:

- Promotion of health-seeking behavior among community members.
- Sensitization of preventive health practices.
- Conduct community health outreaches.
- Conduct health education.



Before the activities

NO.	INDICATOR	GUMBA	NYANGERA	LWANDA	WAEMBE	SIENGA	TOTAL
1.	Total number of <5 children who defaulted immunization	9	7	3	5	6	30

2	Total no. Of pregnant mothers not attending ANC clinics	2	1	2	1	3	9
3	Girls 10—15 not received HPV vaccination	11	13	7	14	22	67
4	No. Of community health dialogue days						1
5	No. Of community action days conducted	1	1	1	1	1	1

Mothers lack proper information on immunization, majority fails to complete the process with majority stopping at age 9 months, a lot of vitamins that are essential to child growth are never administered. VFM has successfully referred them to these services.

Services offered

No.	Indicator	Gumba	Nyangera	Lwanda	Waembe	Sienga	Total
1.	Immunization defaulters referred for vaccination- child welfare	9	7	3	5	6	30
2	Pregnant mothers successfully referred to ANC visits	02	01	2	01	02	8
3	Girls 10—15 successfully referred and completed HPV vaccination.	11	13	07	14	22	67
4	Adolescent youths reached with SRH education	44	58	48	40	56	246

18 Medical health outreaches and static health services have been successfully conducted to reach 1,229 children with treatment services.

Cases

NO	Cases	Treated
1	Malaria	24
2	Upper respiratory infection	421
3	Diarrhea	48
4	Tinea capitis	114
5	Wounds	15
6	Eye infection	12
7	Dental disorder	20
8	Skin rash	83
9	Soft tissue injury	56
10	Earache	8
11	Sickle cell	3
12	Anemia	4
13	Stomach ulcers	8
14	Burns	5
15	Mumps	64
16	Chicken pox	21
17	Bites (INSECTS)	6
18	Febrile illness	29

Activity Table

Services	Seen	Gender		Completed Referrals
		Girls	Boys	
Growth monitoring	504	285	219	
Medical treatment	1229	716	513	26
Outreach conducted	18			
HEALTH INFORMATION				
Immunization	60	37	23	30
Antenatal care	36	36	0	8
Cancer of the cervix	124	124	0	114
Family planning	52	52	0	31
Adolescent health	246	143	103	
Sanitary towel distribution	96	96		
HPV vaccination (Cervical cancer vaccine)		67	-	
Deworming	504	285	219	
HIV counselling testing	81			14



Human Resource

VFM has staff capacity of 34 people who are committed to service delivery. 16 teachers are deployed in the classrooms. 1 nurse is offering health services with support of 17 Community Health Volunteers. 1 coordinator is facilitating community services with the support of 5 clustered community owned resource persons and one lead community own resource person. 7 support staff are helping in the kitchen and the security departments. An administrator supervises the support staff.

Internship

In the year VFM accommodated two students from Kisumu Polytechnic who came to learn. One social worker and 1 accountant. Their services improved our work and VFM learned from them.

Consultancy

With the support of FEMI one Consultant has supported the work of VFM for three months.

Green Food Foundation

Two GFF staff visited the project for 10 days to support VFM to understand nutrition in school and the community. They collected data that would help them develop nutritional support documents.

Partner Visits

- i. Vox Impulse Foundation- a group of 15 people visited Rusinga to scout the progress of the water project.
- ii. IMANI Foundation- a board member and the director visited the project once to see the status of the project.

FINANCIAL REPORT

	Notes	2022 KShs	2021 KShs	2020 KShs
Income				
Grant Income	2	32,811,456	23,376,573	33,126,628
Other Income	3	1,581,747	616,034	739,996
Administrative Costs		(7,230,671)	(4,779,663)	(4,032,989)
Program Support Costs		(30,812,591)	(18,842,833)	(29,833,635)
Fund Balance for the year		(3,650,059)	370,111	-
		2022 KShs	2021 KShs	2020 KShs
Income		34,393,202	23,992,607	33,866,624
Less: Expenditure		(38,043,262)	(23,622,496)	(33,866,624)
Fund Balance for the year		(3,650,059)	370,111	0

CHALLENGES

ISSUE	ASSIGNED TO	DATE
Extended droughts reduce the efforts of the community in gardening. A water project is being implemented	Director and Maji Milele	25/2/2022
Low local funds raised is a challenge that creates delayed service delivery	Manager to enhance local fund raising	Year round

CONCLUSIONS/RECOMMENDATIONS

VFM activities are very beneficial to the benefitting community households and as they retaliate, they are experiencing improved livelihoods. Despite the increased cost of living in the year VFM noticed the efforts when children were joining secondary school early in the year. 16 of the 22 children were supported by their caregivers.

Kamasengre water supply is an eye opener for the Rusinga communities as they will constructively use it to improve their food production. To all our partners the activities are very healthy for this community.

As part of the fundraising plan, VFM recommends a big piece of land hired to facilitate food production. This can be achieved outside the Island.

VFM also recommend having more trainers in the school to offer more skilled training. The school's computer lab, mini-board facility, and home science room are recommended.